



**THE COUNTRY PLACE, INC.  
RED CROSS LIFEGUARD CERTIFICATION CLASSES**

*Class will start Monday, May 13 through Saturday, May 18, 2019  
Class will be Monday through Friday from 6:00 p.m. to 10:00 p.m.  
Saturday 7:00 a.m. to 4:30 p.m.*



**COURSE MATERIALS:**

Will be provided by the instructor on the second night of class. They include "Lifeguarding Today," "CPR for the Professional Rescuer," First Aid training packs, rescue breathing masks, and the rental of bag/valve/masks, manikins and movies.

**PREREQUISITES:**

1. Minimum age 15 (before the first day of class).
2. Swim 300 yards without stopping,  
using **100 yards** of each of the following: **Front Crawl, Sidestroke, Breaststroke.**
3. Surface dive to 9' and bring up a 10 lb. weight.
4. Tread water for 2 minutes without using hands.

**COST:**

Instructor Fee: \$90.00  
American Red Cross Materials Fee: \$125.00

**THE COUNTRY PLACE, INC. REGISTRATION**

**To register** for classes taught at **The Country Place, Inc.:**  
Please return the bottom portion of this form along with **two checks** (one written to Kaitlyn Carrara for the Instructor Fee and one written to **The Country Place, Inc.** for ARC materials.)

Enrollment is limited in each course. Please return your registration form and fee as early as possible, but no later than 1 week prior to the course start date. **To assure our dedicated volunteer instructors utilize their time most efficiently, rescheduling or canceling of any class must be made at least 48 hours PRIOR to the first class meeting. Failure to meet the schedule will result in fee forfeiture.**

++++++Registration++++++Registration++++++Registration++++++Registration++++++Registration++++++  
The Country Place, Inc.  Phone: 972-416-7825  
2727 Country Place Drive Fax: 972-416-4165  
Carrollton, Texas 75006

NAME: \_\_\_\_\_ HOME PH: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ WORK PH: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ DOB: \_\_\_\_\_

LIFEGUARD CERTIFICATION CLASS – START DATE: MAY 13, 2019

INSTRUCTOR FEE – Make check payable to: Kaitlyn Carrara \$90.00 PAID – CK NO. \_\_\_\_\_

MATERIALS FEE – Make check payable to: The Country Place Inc. \$125.00 PAID – CK NO. \_\_\_\_\_

I have read and understand all registration policies.  
I understand that I will not be accepted in the class if I do not meet the prerequisites.

Signature: \_\_\_\_\_ Date \_\_\_\_\_